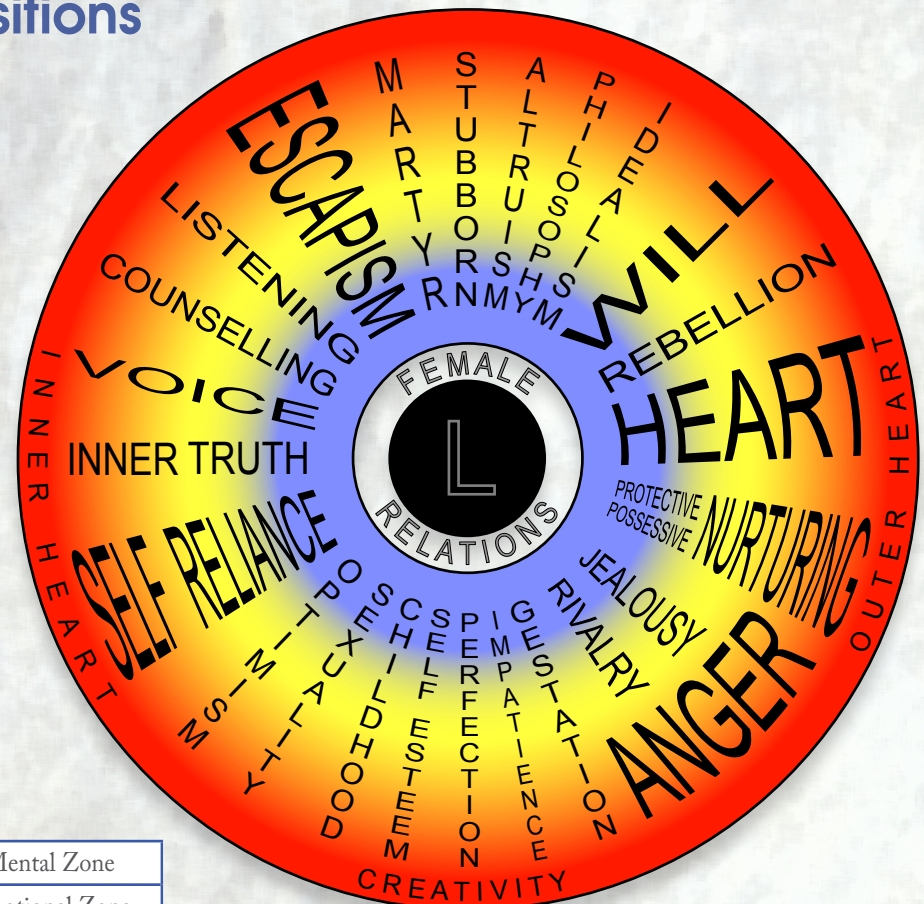
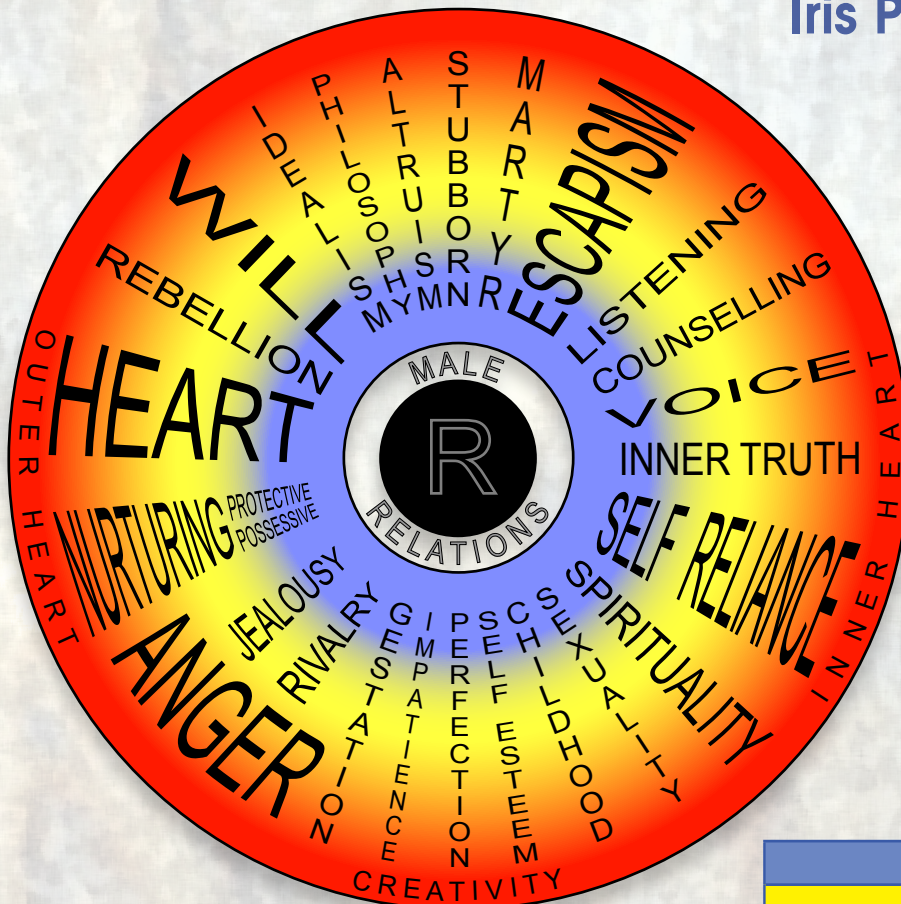
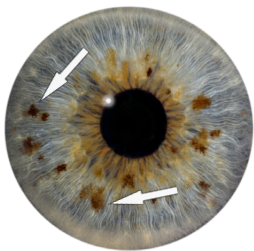


BEHAVIORAL IRIDOLOGY

Iris Positions

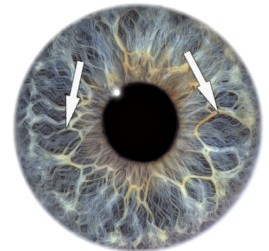


	Mental Zone
	Emotional Zone
	Physical Zone



Psora

Iris positions reveal traits and characteristics we inherit from our mother and her side of the family (left eye) and our father and his side of the family (right eye). The location of Psora and Lacunae give detailed information about your gifts and lessons. Because knowledge is power, you can begin to make better choices about life's challenges, which is certain to produce better outcomes. See back side of chart for interpretations. Look for: **Psora**: dotted pigmentations (resembling freckles), ranging in color from rusty orange, to brown and even sometimes black. Lighter coloration indicates that this generation has had a greater impact on your personality. The darker the pigmentation is, the more trans-generational the trait in question is. **Lacunae**: rounded openings, ranging from tear-dropped shapes to large cavities. The smaller the opening, the greater the impact on the personality. Lacunae next to the pupil and inside the ring are generally discounted. Locate the more obvious openings on the outer two thirds of the iris.



Lacunae

ABBREVIATED IRIS POSITION DEFINITIONS

Nurturing - lacunae indicate a lack of nurturing or touch from the eye parent. Feelings of rejection and loneliness, lack of physical contact from the eye parent are common. Lesson: initiate touch or affection. Psora indicates person who works hard, the need to earn and prove oneself. Lesson: learn to receive.	Protective / Possessive -psora are most commonly in this position. They indicate the parent will be overbearing or smothering trying to protect their child. There is usually loss in their family or previous generations. Lesson: trust another's chosen path in life.	Anger - lacunae in the right eye creates a temper or a need to lash out at authority, father, government, or the bureaucracy. Anger in the left eye is expressed more as sarcasm. Psora relates to verbal expressions of anger. When lacunae and psora are together there is a desire for revenge. Lesson: gain emotional self control, do not blame. The gift of healed anger is passion.	Jealousy / Rivalry - lacunae in these positions create feelings that others have what you want or have a temper. Psora in this position indicate a competitive nature. Lesson: others are not responsible for you feeling loved. Structure in this position indicates the desire for closeness with others. Lesson: relinquish the need to dominate others, no is better than you.
Gestation - lacunae or psora in this position relate to feelings of not being wanted from that eye parent. Either the parent may have wanted a boy or girl and the opposite was born, or the pregnancy was unplanned. Especially in relationships there is a deep feeling of wanting to be wanted. Lesson: love yourself first.	Impatience - lacunae create impatience and a hurry-up attitude. Psora here express impatience verbally, they can be sharp tongued and directive with their words. Their eye parent was most likely impatient. Impatience is a powerful emotion that acts superficially to stay in control and protect deeper emotions from being experienced. Lesson: don't let the moment pass you by, timing is everything. Take the time to stop and feel.	Perfection - psora or lacunae feels the need to be or have things perfect. Their perfection is based on their personal agenda. They may like things to be excessively neat, clean or organised. There is a tendency to be outwardly critical of themselves or others. The eye parent was probably a perfectionist. Lesson: let go of judgement, and find the divinity in chaos.	Self Esteem - psora in the mental area (blue zone), indicates a fear of the dark or suicidal tendencies in past generations. Psora in the emotional and physical areas, indicates a sudden shock or trauma where feelings of self worth were compromised. Lacunae give the feeling of being inadequate, unworthy or unlovable. Lesson: overcome the belief you are not good enough. You have a fine motor skills, be creative.
Childhood – childhood innocence and playfulness were compromised as responsibility took its place. Usually the first born child will have structure in this area. When children grow up to fast, seriousness develops. Lesson: make time to play.	Sexuality - lacunae is the denial of one's sexuality. Psora acts as an inhibitor or block to intimacy. The inability to communicate personal needs with words can be compensated by the need for sexual expression. This area can vary in behaviour from being over promiscuous to celibate. Lesson: create intimacy with words while your cloths are on.	Spirituality / Optimism - lacunae here represent the denial of a higher power (God), or spiritual fanatic. Psora here are associated with a psychic ability. Many times blocked for fear of hurting another. In the left eye they have the gift of always seeing the cup half full and have a keen eye for beauty. Lesson: humility.	Self Reliance - both psora and lacunae have similar attributes in this area. These are self taught, self reliant types of people. Their motto is: If you want something done, do it yourself. Lesson: delegate responsibility.
Inner Truth / Voice - these areas are closely related. Psora tend to decrease the ability to speak about personal wants and needs close to your heart, the frog in the throat. Lacuna make it difficult finding words to express what they are feeling or really want. Both traits increase a tendency toward exaggeration or story telling. Lesson: speak heart felt truth, honestly.	Counselling / Listening - these positions are closely connected. The most common structure here is lacuna. Told by the eye parent to listen, they literally become good listeners. Structure in this area gives a natural counselling ability. Be aware of selective hearing, avoiding what to don't want to hear. Lesson: to be a good listener you must forget yourself.	Escapism - psora or lacunae in this position create day dreaming. They can escape mentally, emotionally or physically when any form of conflict or potential conflict arises. Leaving can be anywhere from out of the room to out of the country, Lesson: learn to resolve conflict while staying in your body.	Martyr - usually psora, this position creates the belief that one must sacrifice themselves. The belief is that self sacrifice is necessary for others to value them. This can create a life of self pity or a 'poor me' attitude. Lesson: no more punishment, you are worth it no matter what.
Stubborn - psora or lacunae can indicate a stubborn disposition. This narrowed mined approach ignores insight and inspiration that could create a powerful breakthrough. Structure in this position can indicate a traumatic birth experience. Lesson: listen to the opinions of others.	Altruism - psora or lacunae in this position feel the need to serve others. Constantly serving others can lead to their own poor health and exhaustion. Perpetually sacrificing oneself for the benefit of others is not a gift but a curse. Lesson: we help others to the degree we help ourselves.	Philosophy - psora and lacunae in this position crave deeper meanings to life. This position can make for a true futurist. All visionaries need to ground their inspirations or they just become idle chatter in the mind. Lesson: find practical applications for your ideas.	Idealism - psora or lacunae indicate high ideals or goals are expected. Extreme perfection is expressed in the character if this position is seen. Idealism is great but does not pay the bills. Lesson: make your goals attainable.
Will - psora: right eye (father), left eye (mother) probably had a strong will. Lacuna here represent an absence of parental will and a need to strengthen yours. Will is balanced with patience and the recognition of how our actions effect others. Lesson: balance your will with an allowing quality.	Rebellion - psora or lacunae here engage in rebellious activity with that eye parent. There can be a great need to be acknowledged. The lack of parental attention creates rebellion. Seeking self identity is also a trait of this position. Lesson: embrace your personal uniqueness.	Heart - psora indicates a feeling of betrayal from the eye parent. A difficulty in saying 'I love you' or trusting the love of another. Lacuna create a feelings of abandonment. Bonding and commitments can become a big lessons later in their life. Lesson: honesty, trust and bonding in personal relationships.	